



## Homestyle Fresh by GRillaz MENU

### A. BEEF

- 1. Bolognese** **Serves 1: \$8.90** **Serves 2: \$ 17.90**  
*Classic slow cooked ground beef with quintessential Italian inspired pomodoro sauce. Best served with pasta of your choice and parmesan cheese. Family favourite!*
- 2. Lasagne** **Serves 2: \$17.90**  
*Traditional as you get. Layers of fresh pasta, silken cheesy béchamel & Italian inspired ground beef ragu, topped with cheese. Deliziosa!*
- 3. Beef Bourguignon** **Serves 1: \$9.90** **Serves 2: \$18.90**  
*From the heart of Burgundy, this recipe calls for extra slow braised, grass fed beef, red wine, carrots, shallots, mushroom & bouquet garnet. Bon appetite!*
- 4. Slow braised Casserole** **Serves 1: \$9.90** **Serves 2: \$18.90**  
*A hearty slow stewed beef casserole packed full of wholesome flavour and vegetable goodness. Comfort food!*
- 5. Sticky Beef Ribs** **Serves 1: \$18.90**  
*Twice cooked, succulent, fall off the bone, grass fed beef short ribs. Slow cooked in flavoursome broth, then caramelised in a rich, sticky smoky BBQ sauce. Extra napkins provided!*
- 6. Hungarian Goulash** **Serves 1: \$9.90** **Serves 2: \$18.90**  
*Traditional hearty Central European favourite. Slow cooked grassfed beef, with carrot & capsicum and delicately flavoured with sweet paprika. Finom!*
- 7. Cottage Pie** **Serves 2: \$16.90**  
*Just like grandma makes. Flavoursome savoury mince with fresh garden peas, topped with creamy mashed potato & melted cheese. Yum Nana!*
- 8. Beef Burrito Bowl** **Serves 1: \$13.90**  
*Mildly spicy, authentic ground beef & black bean recipe, with brown rice, tomato salsa, guacamole, cheese, sour cream & Jalapenos. Arriva!*

## **B. CHICKEN**

- 1. Butter chicken** **Serves 1: \$9.90** **Serves 2: \$18.90**  
*Family friendly, mildly spiced but packed with delicious flavour and yoghurt creaminess. Namaste!*
- 2. Fricassee** **Serves 1: \$9.90** **Serves 2: \$18.90**  
*Timeless French cuisine. Free range chicken thigh, slowly braised onion, carrots, garlic, Provençal herbs & white wine cream sauce. Belle!*
- 3. Fajita Bowl** **Serves 1: \$13.90**  
*Mexican spiced chicken breast with brown rice, tomato salsa, guacamole, cheese, sour cream & Jalapenos. Ole!*
- 4. Chargrilled Chicken** **Serves 1: \$15.90**  
*Free-range chicken breast (2) marinated in lemon, olive oil & basil; chargrilled and basted with your choice of Peri-peri, Greek or Smoky BBQ basting.*
- 5. Southern Fired Chicken Fillets** **Serves 1: \$15.90**  
*Free-range thigh fillets (2) crumbed and fried with Smokey chipotle sauce. Yeeha!*
- 6. Original Portuguese Chicken** **Serves 1: \$15.90**  
*Free-range half chicken, roasted & basted in original aged Peri-peri sauce. Saborosa!*
- 7. Classic Greek Chicken** **Serves 1: \$15.90**  
*Free-range half chicken, chargrilled & basted in lemon, garlic & herb sauce.*
- 8. Chicken Schnitzel** **Serves 1: \$15.90**  
*Free-range chicken breast (2), with seasoned crumb and fired crispy golden. Kid pleaser!*
- 9. Chicken Parmigiana** **Serves 1: 13.90**  
*Chicken schnitzel (1) topped with house-made tomato relish, oregano & melted cheddar cheese. Publicious!*

## **C. LAMB**

- 1. Red wine & Balsamic Lamb Shanks** **Serves 1: \$10.90**  
*Slow braised, pasture raised lamb shanks with Spanish onion, rosemary, garlic, red wine & Balsamic vinegar. Heart warming!*
- 2. Moroccan Lamb Casserole** **Serves 1: \$9.90** **Serves 2: \$18.90**  
*Traditional boneless lamb, fragrant & spicy with Mediterranean vegetables.*

**3. Slow Roast Shoulder of Lamb****Serves 1: 13.90***Succulent 8 hour lamb shoulder, slow roasted in a flavourful broth, pulled off the bone & portioned. Scrumptious!***4. Durban Lamb Curry****Serves 1: \$9.90****Serves 2: \$18.90***Vibrant bone-in lamb curry with potato, in a spicy tomato based sauce. Lekker!***D. PORK****1. Twice cooked Pork Belly****Serves 2: \$26.90***Slow cooked in Asian spice blend and then roasted to perfection with a sweet, sour & spicy basting.***E. VEGETARIAN****1. Vegetable Lasagne****Serves 2: \$16.90***Layers of fresh pasta, silken cheesy béchamel & Italian inspired vegetable ragu, topped with cheese. Delizioso!***2. Vegetable Fried Rice****Serves 1: \$7.90****Serves 2: \$16.90***Indo style nasi goreng. Bagus!***Add: fried Egg****+\$2.50****3. Arrabiatta Sauce****Serves 1: \$7.90****Serves 2: \$16.90***Slowly reduced tomato, olive oil, white wine, garlic, basil & parmesan with a hint of chilli. Bellissimo!***4. Potager Pie****Serves 2: \$16.90***Vegetable cottage pie. Classic!***5. Macaroni Cheese****Serves 1: \$7.90****Serves 2: \$16.90***Mum's fav! Velvety cheesy sauce with fresh pasta, topped with cheese. Bliss!***Add: Crispy Bacon bits****+\$2.50****F. SOUPS****Serves 1: \$9.90**

1. Classic Minestrone, pure vegetable goodness
2. Roasted pumpkin & spiced sweet potato
3. Creamy cauliflower, lightly curried & velvet smooth
4. Classic Broccoli cream soup
5. Creamy Field Mushroom
6. Clear free-range chicken broth with vegetables & spring onion
7. Hearty beef soup with potato and vegetables
8. Slow braised lamb and lentil soup.

**Add Extras:****+\$4.00**

- Lightly charred sourdough
- Herb croutons
- Sour Cream
- Shredded chicken
- Curried tofu
- Rice Noodles
- Toasted Nuts
- Crispy bacon chips

**G. SIDES** **\$5.90**

1. Mash
2. Brown rice
3. Basmati rice
4. Pasta
5. Medley of honey roasted vegetables **\$7.90**
6. Potato Bake au gratin **\$7.90**
7. Steamed Broccoli **\$6.90**
8. Roast curried Cauliflower **\$6.90**
9. Fries
  - Regular **\$4.90**
  - Large **\$6.90**
  - Family **\$8.90**
10. Sweet Potato Wedges
  - Regular **\$9.90**
  - Large **\$11.90**
  - Family **\$14.90**

**H. SAUCES** **\$5.50**

1. Gravy
2. Creamy Mushroom
3. Creamy Pepper
4. Chimichurri
5. Chipotle

**MEAL DEAL**

**Add:** Any standard side and drink for **\$6.00**

**I. SALADS**

1. **Traditional Potato Salad** **\$7.50**  
*Steamed potatoes with chopped pickles, grated eggs & spring onion with creamy whole egg mayonnaise.*
2. **Classic Coleslaw** **\$7.50**

*Shaved red and white cabbage with shredded carrot & chopped spring onion with creamy whole egg mayonnaise.*

**3. Classic Leafy Mix Salad**

**\$9.90**

*Mescaline-mix lettuce, tomato, cucumber, Spanish onion, Spring onion, carrot and toasted seed mix.*

**4. Crunchy Super Slaw**

**\$9.90**

*Shaved red and white cabbage with shredded carrot, pulled kale & spring onion with toasted seed mix.*

**Choice of:**

- *GRillaz Vinaigrette*
- *Teriyaki Dressing*

**Add protein:**

**+\$5.00**

- Chargrilled chicken breast*
- Chicken Schnitzel*
- Southern Fried Chicken*
- Scotch Fillet strips*
- Grilled Halloumi*

**J. DESSERTS**

**\$11.90**

1. *Chocolate Lava Cake*
2. *Chia Berry Pudding*

**K. DRINKS**

**Soft Drinks**

**\$4.50**

- Coke*
- Coke NO SUGAR*
- Fanta*
- Sprite*

**Water**

- Still 600ml* **\$4.50**
- Sparkling 500ml* **\$5.90**
- Sparkling 1lt* **\$7.90**

**Rok Kombucha**

**\$5.90**

- Original*
- Ginger*
- Passionfruit*
- Lemon Lime*

**Famous Soda Company**

**\$5.90**

Pink Lemonade

Blood Orange

**Emma & Tomms**

**\$5.90**

Orange

Apple

Karmarama

Iced Green Tea